

TODAY'S BEST TREATMENTS WERE YESTERDAY'S CLINICAL TRIALS

Participating in a clinical trial, also known as a clinical study, may provide you with access to innovative treatments, while at the same time helping to improve care and find new treatments for future generations.

OVER
30+
CLINICAL TRIALS

AT
SANFORD
HEALTH

WHAT IS A CLINICAL TRIAL?

Studies in which patients help our doctors find ways to improve treatments and quality of life. They are the fastest and safest way to find new treatments and improve the health of all patients.



TRIALS CONDUCTED AT SANFORD FOCUS ON:

- Improving the standard of care
- Better ways to detect and prevent disease
- Improving comfort and quality of life for patients

WHO CAN PARTICIPATE?

Anyone who meets the eligibility requirements. Eligibility requirements may include age, gender, health and risk factors.



WHY SHOULD I PARTICIPATE?



- Access to promising new treatments that may not be available to the public
- Play an active role in their own health care
- Assist researchers and physicians in finding new treatments
- Help find new approaches to improve the quality of life for everyone with a specific disease

WHAT IS A PLACEBO?

A placebo is used in clinical trials when researchers seek to prove a new treatment is more effective than current standard of care. While not always used, placebos are sometimes necessary to provide definite answers to researchers.

As a patient at Sanford, you always receive the current standard of care. And should the clinical trial contain a placebo, we are required to inform you prior to volunteering.



MYTHS VS. FACTS

1

M: Clinical trial volunteers are treated like guinea pigs with all kinds of experimental drugs.

F: Volunteers are treated with respect, with patient safety being the top priority. Often trials incorporate the best medicine available.

2

M: I'll get a "sugar pill" or placebo instead of a real drug.

F: Placebos may be used IN ADDITION to standard of care therapy. No patient is ever given a placebo IN PLACE OF standard of care therapy.

3

M: Clinical trials are only for cancer patients.

F: Clinical trials are available for in a variety of fields such as orthopedics, genetics, womens health, cardiology, vascular, diabetes, cystic fibrosis, neonatology, infectious diseases and maternal fetal medicine.

4

M: Clinical trials are only for those who have no other options

F: No matter where you are in your treatment, a clinical trial may be applicable to you. Clinical trials are offered in ALL stages of disease.

5

M: Once I enroll, I can't leave the study.

F: At any time, participants can change their minds and leave their trial for any reason without giving up access to other treatments.